

# CROSSWINDS OF CHRONICLES

## February 2023 Issue 12

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#### **Crosswinds Park Homeowners Association Inc Board Members 2022-2024**

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Martha (Marty) Benne	er Lot #238	2024	Secreatary	727-254-7530	martha_benner@yahoo.com
Kim DiMauro	Lot #648	2024	Vice-President	914-310-2259	openarms1517@gmail.com
Martha (Marty) Benne	erLot #238	2024	Treasurer	727-254-7530	martha_benner@yahoo.com
George Courtney	Lot #137	2024	Member At Large	727-767-0510	georgecourtney@sympatico.ca
				705-522-8728 (C	Canada)
Daren Moody	Lot #426	2024	Member At Large	`	Canada) bmoody1218@gmail.com
Daren Moody August (Ken) Brune	Lot #426 Lot #440		Member At Large Member At Large	678-863-8522	
•		2024	· ·	678-863-8522	bmoody1218@gmail.com
August (Ken) Brune	Lot #440	2024 2024	Member At Large	678-863-8522 636-627-1864	bmoody1218@gmail.com Gus.brune@yahoo.com

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<u>Crosswinds Editor</u> Acting Editor Beverly Moody

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#### **Notes**

Brenda Mafredi	727-346-5661	lot 631	craft information
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#### Chocolate, my dear?

hocolate has been around for about 2000 years, and in that time it has become one of the most popular con—fections in the world. Chocolate is thought by some to be an aphrodisiac, and it has become a tradition to send chocolates to one's beloved. Following are some choco—late trivia gems and fun facts:

- Chocolate is the best-selling candy by far for Valentine's Day.
- Cocoa was renamed theobroma, "food of the gods," by Swedish scientist Carolus Linnaeus (1707–1778).
- The first book completely about chocolate was Cardenas' Libro en el cual trata del chocolate, pub-lished in Mexico in 1609.
- Chocolate contains about 300 different compounds.
- Over 20 million Hershey's Kisses are produced every day.
- Americans eat 100 pounds of chocolate every second.
  - o A bar of dark chocolate has less caffeine than a cup of coffee.
  - o And according to the Chocolate Manufacturers Association, the U.S. chocolate industry is a principal consumer of many agricultural products. Here's the rundown:
- Sugar. The chocolate industry uses 2.5 billion pounds of sugar annually—that's 7 million pounds a day. That sugar is valued at \$667 million a year.
- Milk and milk products. Seven-hundred forty-nine million pounds a year are used in the chocolate industry. That comes in at \$461 million.
- Peanuts. The industry uses 326 million pounds of peanuts worth more than \$150 million.

#### Love and numbers often don't mix

When it comes to love, numbers can bring some shocking revelations, according to David Boyle and Anita Roddick in Shocking, Hilarious, Bizarre, Mind boggling, Frightening!, Fascinating Numbers. Here are a few of the findings cited by the authors:



- Only 12 percent of married people think they will ever get a divorce, much lower than the divorce rate, which is close to 50 percent in the United States.
- Only 10 percent of those who leave their spouses for someone they are having an affair with actually end up marrying the person.
- Eighty percent of separated and divorced people believe that marriage should be for life.
- If you kiss for one minute, you will burn 28 calories.
- Eight percent said they would like to be rid of their current partners.
- Ninety-percent of third marriages end in divorce.
- The average number of times French people have sex every year: 130.

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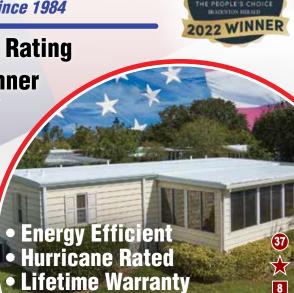
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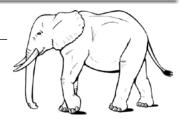
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#### On the fragility of opinions

very long time ago, far away in another land, there lived six blind men. They had all been blind since birth. Mostly, the six spent their days sitting around inventing tall tales to see who could tell the best story.



One day, the six men fell into a great argument. The subject of their argument was the elephant. There were many tales throughout the land about the great elephant, but because none of the men had actually seen an elephant each of them had their own idea of what the beast was like.

The men hired a young guide to lead them in find—ing an elephant to settle the dispute. The blind men followed along, each one placing his hands on the back of the man in front of him, and in this way they made their way single file along a narrow forest path.

It wasn't long before the group came across a great elephant. The six became very excited. They decided that each man should take a turn at exploring the ele-phant's shape and form.

The first man fell against the side of the elephant and said, "My, the elephant is like a great and sturdy wall."

The second man grabbed hold of the tusk of the elephant and said, "My, the elephant is smooth and sharp, like a wonderful spear."

The third man approached the animal and grabbed on to the trunk and said, "My, the elephant is exactly like a snake."

The fourth man grabbed hold of the elephant's great leg and said, "My, the elephant is round and stur—dy, just like a tree."

The fifth man reached out and grabbed hold of the elephant's ear, "My," he cried out, "The elephant is just like a fan."

The sixth man reached out and grasped upon the elephant's tail and said, "My, the elephant is exactly like a rope."

And so, the men continued arguing, even more loudly than before, each arguing for his opinion of what the elephant was like. And even though each was a little right—all of the men were more than a little wrong.



At my age, when I order a three-minute egg, they make me pay in advance.

- George Burns

Shopping is better than sex. At least if you're not satisfied, you can exchange it for something you really like.

— Adrienne Gusoff

#### ACROSS

- 1. Back of the neck
- 5. Plant louse
- 10. Pinnacle
- 14. Unidentified flying objects
- 15. Biblical possessive
- 16. Rude person
- 17. Amateurish
- 19. Be aware of
- 20. Chapter in history
- 21. Garbage
- 22. Satisfies
- 23. To provide maintenance
- 25. Elastic fabric
- 27. Antlered animal
- 28. Imploring
- 31. Utopian
- 34. Coming up
- 35. Zero
- 36. Formal dance
- 37. Geologic period
- 38. Heredity unit
- 39. Frozen water
- 40. Not back
- 41. Femme fatale
- 42. Aberrancy
- 44. Total
- 45. Type of viper
- 46. Scorn
- 50. Particles
- 52. Young
- 54. US spy agency
- 55. Murres
- 56. Savory (Br. spelling)
- 58. Advanced
- 59. Will
- Marine mammal
- 61. Opera house box
- 62. Mud volcano
- 63. A Great Lake



#### Down

- 1. Naked people
- 2. Ardent
- 3. Frigid
- 4. East southeast
- 5. Assault
- 6. Stage
- 7. Suggestion
- 8. Smarts
- 9. D
- 10. On a ship or train
- 11. Basket or bowl
- 12. Speck
- 13. Anagram of "Rose"

- 18. Ribbed fabric
- 22. Cigarfish

~~~~~~~~~~~~~~~~~~~~~~~~~~~~~

- 24. Calf's meat
- 26. Yes (informal)
- 28. Fake
- 29. One less than 10
- 30. Secluded valley
- 31. Footnote note
- 32. Minnow-like fish
- 33. Raising
- 34. Dubious writings
- 37. Sea eagle
- 38. Hobbling gait

- 40. Crazes
- 41. Japanese dish
- 43. Envisage
- 44. Agree out of court
- 46. Affaires d'honneur
- 47. More aloof
- 48. Red Sea peninsula
- 49. American symbol
- 50. Ponder
- 51. Black-and-white
- cookie
- 53. Iridescent gem
- 56. Donkey
- 57. South southeast



February Crossword









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#### The most important ingredient

It was well known that Abraham Lincoln often slipped out of the White House on Wednesday nights to listen to the sermons of Phineas Gurley at New York Avenue Presbyterian Church. The president tried to slip in and out of the services unnoticed—so Gurley often left his study door open so the president could listen to his ser¬mons privately. One night, Lincoln showed up and took his seat in the minister's study and propped the door open a little wider so that he could hear what the preacher was saying.



An aide later asked Lincoln what he had thought of the most recent Wednesday night

The president thought for a moment and then replied: "The content was excellent ... he delivered with eloquence ... he put work into the message ..."

"Then you thought it was an excellent sermon?" the aide asked.

"No," Lincoln answered plainly.

"But you said the content was excellent ... that it was delivered with eloquence and it was the fruit of hard work," the aide said.

"That's true," Lincoln said. "But Dr. Gurley forgot the most important ingredient ... He forgot to ask us to do something great."

#### A stone in the road

nce in a foreign land, a king had a boulder placed in the middle of a well-traveled road. Then the king hid himself from view, and watched to see what would happen.



Wealthy merchants whom the king knew well saw the boulder and stepped around it. Courtiers came and when they saw the boulder they walked around it as well.

It came to pass that many people criticized the king for not keeping the road clear, but no one in the kingdom did anything to get the giant stone out of the road.

One day, a peasant came down the road carrying a load of vegetables. When the man saw the stone, he laid down his load and commenced in trying to move the stone. After a great effort, the peasant finally was able to move the boulder. When the peasant went back to the road for his vegetables he noticed that in the place where the stone had been was a beautiful red purse. The peasant picked up the purse and saw that it was filled with many gold coins and a note from the king saying the gold was for the person who moved the boulder from the road.

Moral: What other men see as an obstacle can be an opportunity for the man who faces it head on.

#### February 2023



#### **Weekly Observances**

Week One — Children's Authors and Illustrators Week

Week Two — National Flirting Week, Jell-O Week, Freelance Writers Appreciation

Week, Congenital Heart Defects Awareness Week, National Marriage Week

Week Three — Random Acts of Kindness Week

Week Four — National Eating Disorders Awareness Week

#### **Monthly Observances**

Black History Month

American Heart Month

Canned Food Month

Great American Pie Month

National Bird Feeding Month

National Cherry Month

National Grapefruit Month

National Children's Dental Health Month

National Self Check Month

National Grapefruit Month

National Hot Breakfast Month

National Library Lover's Month

National Snack Food Month

National Embroidery Month

National Weddings Month



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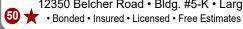
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| Lincoln's Birthday                                                                                    |                                                                     | Vale    |
| 19                                                                                                    | Walk away pounds 8am<br>Chair yoga 9am<br>Cribbage \$2.25 7pm       | Fun Dar |
|                                                                                                       | President's Day                                                     | M       |
| 26                                                                                                    | 27<br>Walk away pounds 8am<br>Chair yoga 9am<br>Cribbage \$2.25 7pm | Fun Dar |

## **Crosswinds**

| uesday              | Wednesday                                                           | Thursday                                                                                       | Friday                                     | Saturday                             |
|---------------------|---------------------------------------------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------|--------------------------------------|
|                     | Water Exercise 10am<br>Crafts 1pm                                   | Walk away pounds 8am<br>Chair yoga 9am<br>Shuffleboard<br>1pm \$1.00<br>Darts \$2.25 7pm       | Water Exercise 10am<br>Pool 2.25 7pm       | Taco Lunch<br>12pm<br>\$5.00<br>BYOB |
| ts 7pm              | Water Exercise 10am Crafts 1pm                                      | 9<br>Walk away pounds 8am<br>Chair yoga 9am<br>Shuffleboard<br>1pm \$1.00<br>Darts \$2.25 7pm  | Water Exercise 10am<br>Pool 2.25 7pm       | Fireside<br>BYOB<br>7pm              |
| ts 7pm  ntine's Day | Water Exercise 10am<br>Crafts 1pm                                   | 16<br>Walk away pounds 8am<br>Chair yoga 9am<br>Shuffleboard<br>1pm \$1.00<br>Darts \$2.25 7pm | Water Exercise 10am<br>Pool 2.25 7pm       | HOA general meeting 9am              |
| ts 7pm              | Water Exercise 10am Crafts 1pm  Ash Wednesday Washington's Birthday | Walk away pounds 8am<br>Chair yoga 9am<br>Shuffleboard<br>1pm \$1.00<br>Darts \$2.25 7pm       | 24<br>Water Exercise 10am<br>Pool 2.25 7pm | Fireside<br>BYOB<br>7pm              |
| 28<br>ts 7pm        |                                                                     |                                                                                                |                                            |                                      |



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#### **Reduce your food label confusion**

re you confused by the labels on food products in the grocery store? Products now like to advertise that they are "fat free," "reduced fat" and "low calorie." So what do those terms really mean? The Food and Drug Administration regulates what foods can contain before they can make label claims. Here are a few FDA label-claims requirements for food manufacturers:

~~~~~~~~~~~~~~~~~~~~~



Free. This means that a product contains no amount of, or only trivial or "physiologically inconse-quential" amounts of one or more of the following components: fat, saturated fat, cholesterol, sodium, sugars and calories. For example, "calorie-free" means fewer than 5 calories per serving, and "sugar-free" and "fat-free" both mean less than 0.5 grams per serving. Synonyms for "free" include "without," "no" and "zero." A synonym for fat-free milk is "skim."

Low. This term can be used on foods that can be eaten frequently without exceeding dietary guidelines for one or more of these components: fat, saturated fat, cholesterol, sodium and calories. Thus, descriptors are as follows:

- Low-fat. 3 grams or less per serving.
- Low-saturated fat. 1 gram or less per serving.
- Low-sodium. 140 milligrams or less per serving.
- Very low sodium. 35 milligrams or less per serving.
- Low cholesterol. 20 milligrams or less and 2 grams or less of saturated fat per serving.
- Low calorie. 40 calories or less per serving.

Synonyms for low are "little," "few," "low source of" and "contains a small amount of."

#### **Many Americans suffer from heartburn**

ccording to the AstraZeneca Web site, heartburn is a burning feeling that rises from the stomach or lower chest up toward the neck. The burning sensation is caused by acid that backs up from the stomach into the gullet (esophagus). Usually a valve at the lower end of the esophagus opens when you swallow and closes when the food has passed. However, in some people, this function does not work properly and does not close off when it should—after a meal, for instance. Anyone who suspects they are suffering from heart-burn should seek a doctor's advice; medicine may be required and more serious problems need to be eliminated as the cause of the discomfort.

- In Western countries, about 40 percent (two in every five) of adults suffer from heartburn.
- Up to 44 percent of American adults suffer from heartburn at least once a month, and approximately 7 percent of Americans experience heartburn at least once a day.
- Twenty-five percent (one in four) of pregnant women experience daily heartburn and more than 50 percent have occasional symptoms.

#### Things you'll never hear your consultant say:

- You're right; we're billing you way too much for this.
- How about you only pay me based on the success of this project.
- The whole strategy is based on a Harvard business case I read the other night.

- I don't know enough about that to speak about it intelligently.
- Implementation? I was just going to write a long report for you.
- The only real problem you have is too much work for too few people.
- Everything looks OK to me. You really don't need me.



famous actress who was known for her smooth and creamy skin was staying at a four star hotel that catered to the rich and famous. The actress had heard that taking a bath in milk was good for the skin, and so she called the hotel desk and asked that 20 gallons of milk be delivered to her room.



"Do you want it pasteurized?" the clerk asked.

"No, that's OK," the actress said, "just fill the tub up to my neck."

#### No future in it

**John:** "I don't think Steve is going to make it as a speaker." **Ed:** "Why?" **John:** "Because yesterday, when he asked if they could hear him in the back, and the answer was no, everyone in the front moved to the back."





Laughter is the shortest distance between two people.

— Victor Borges

Seven days without laughter makes one weak.

— Joel Goodman







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#### Tuesday, February 7th at 10:00 am

**Park Station** 5851 Park Boulevard Pinellas Park, Florida 33781 Seminar held in historic Park Station at the corner of 59th St. N and Park Blvd. Plenty of parking available.

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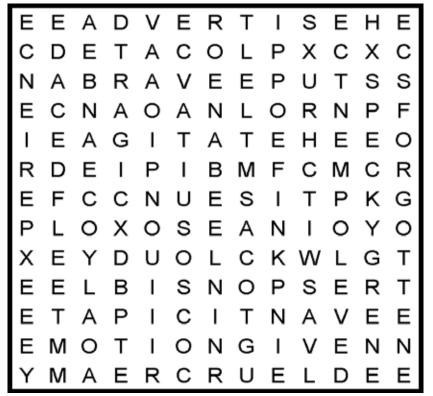
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## February Word Search





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extreme

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knife

located

ocean

responsible

special speck

spent switch

tore touch

tragic



















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#### **EVENTS & PROGRAMS**

Sat. Jan 28, 2023 – Community Sale – 8:00AM-1:00PM. Paradise Island Section of Lake Haven MHP. Main St. (SR580) & Lake Haven Rd. (W of Keene/CR1) Dunedin. Housewares, Linens, Small Appliances, Bakery, Jewelry, Raffle Baskets, 50/50 drawing, lunch.

Annual Flea Market – Four Seasons Estates MHP clubhouse, Largo. Saturday, February 25, 8am-1pm. \$1.00 early bird 7:30. Furniture, clothes, tools, jewelry, linens, kitchen, books, raffles and more. 13225 101st Street, off Ulmerton (east of Largo Mall).

Lincolnshire Estates Annual Bazaar is back Saturday Feb 4, 8AM to 1 PM 1071 Donegan Road, Largo furniture, tools, jewelry, housewares, bake sale, nick-nacks linens, appliances, silent auction, breakfast and lunch served.

Doral Village Yard Sale Bazaar, Saturday, February 25th, 8am-1pm. 29250 US Hwy 19N, Clearwater. Furniture, clothing, linens, books, electronics, glassware, jewelry, kitchen items, baked goods, lunch and great raffles and prizes!

Palm Hill Country Club Annual Bazaar. Saturday, March 4th, 8am-1pm. 1800 Seminole Blvd, Largo. East Bay Oaks and Eldorado Village Annual Parkwide Carport Sale Saturday February 4 and Sunday February 5, 2023 from 8 AM to 2:30 PM both days. 601 Starkey Rd, Largo, FL 33771 And 2505 East Bay Dr, Largo, FL 33771

Flea Market Sat. Feb. 25th, 8-12noon. Colonial Village, 2000 East Bay Drive, Largo. Furniture, kitchen appliances, housewares, bicycles, clothing, homebaking.

HELLO CANADIANS! Canadian Club Canadien Gulf Coast Florida, having survived COVID, is now regrowing to promote fellowship among Canadians in Pinellas County, and foster goodwill with American people. Join us; for our monthly lunch with informative speakers, weekly golf, MLB game, dinner/theater, museums, deep sea fishing. Your first lunch is FREE! For information, email: cccgcfl@galt.biz.

Carport Sale, Clearwater Cascade MHP, Sat. Feb. 25th, 8 AM to12. 9790 66th St. N., Pinellas Park.

Shady Lane Oaks Bazaar - Shady Lane Oaks 15777 Bolesta Road, Clearwater. Saturday, February 4th, 9am - 2pm. A huge variety of items for sale! Raffles, Chinese auction, bake sale, breakfast & lunch and more!

Paradise Island Annual Flea Market February 25, 2023. PI Clubhouse 9-2 Early entry \$1 @8am. Water, coffee, bake sale, quilt raffle, 50/50. Huge inventory: Furniture, household, collectibles, clothing, holiday, tools, linens, lamps, kitchen, and more! Entire clubhouse utilized. 1001 Starkey Road, Largo. Look for banner.

Ranch Mobile Park, Park-Wide Yard Sale, Saturday, March 4th, 8:00am-2:00pm at 6800 - 150th Ave. N., Clearwater (Largo).

Community Yard Sale: Holiday Shores Park, Feb 17th and 18th. Entrances on 104th Avenue North and 106th Avenue North, Largo. 8AM to 2PM

"White Elephant & Bake Sale: Sat March 4, 8am - 1pm. Small appliances, furniture, lamps, dishes, linens, jewelry, baked goods, lunch. Lake Highlander Park, 1500 County Road 1, Dunedin."

Parkwide Mobile Home Carport Sale. LaPlaza 6700 150th Ave N, Clearwater, FL. March 3rd & 4th 8am-4pm.

Carport Sale: Saturday, Feb. 18th, 8am to 1pm. Sugar Creek Mobile Home Park, 10265 Ulmerton Rd. Largo, FL



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-Monthly Media Staff

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\*\*ROSSWINDS CHRONICLE\*\* FEBRUARY, 2023 D

#### One of the greatest love stories of all time

In 1845, Robert Browning was an unknown poet and playwright when he first read Elizabeth Barrett's volume of poetry titled Poems. He was 32 years old.

Elizabeth Barrett was a well-known poet—and an invalid. She was 39 years old.

Browning was so moved by her poetry that he wrote to her "I love your verses with all my heart, dear Miss Barrett..." The two then commenced writing more than 600 letters to each other during the next 20 months.



According to The History Channel's Web site, Elizabeth had suffered from the time she was a teenager from a painful condition that caused uncontrollable spasms of pain and breathing difficulties. She had been a shut-in and a spinster for years. Elizabeth's father was a very controlling, wealthy man who had forbidden all of his 12 children from ever marrying.

Browning began to court Barrett, but at first she did not take him seriously, thinking that no one would be genuinely interested in her romantically. But Browning was ardent in his desire for Barrett. However, Barrett refused to see Browning for several months. Elizabeth found it hard to trust Browning's intentions because she had been isolated for so long and because she questioned the treatment of women inside the institution of marriage. But despite these almost over—whelming obstacles, Browning continued to court her with passion.

Finally, with the encouragement of Browning, Elizabeth left the room where she had spent the previous six years of her life. She began to go outside and live an active life again, and she cut back on the morphine and opium the doctors had prescribed for her painful condition.

In 1846, Barrett married Browning in a secret ceremony (to hide the fact that she was defying her father). When her father found out, he disinherited Elizabeth.

The couple left for Italy in the week after their marriage—and they spent the next 15 years together productively writing. Their courtship inspired some of the most beautiful and romantic poetry ever written.

The most famous line of her poetry was from her courtship period with Browning published in her Sonnets From the Portuguese, it reads, "How do I love thee? Let me count the ways."

Elizabeth died in her husband's arms in 1861.

#### A fun chocolate tidbit

Folks at the CMA say that champagne and sparkling wines don't pair well with milk or dark chocolate. The reason? Apparently the acidity in these libations reacts to chocolate and causes a tart taste. The CMA suggests pairing champagne and sparkling wines with white chocolate and red wines with dark chocolate.

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#### **Cutting boards: Is plastic or wood safer?**

The United States Department of Agriculture and the Food and Drug Administration say this about cutting boards: "Research shows that nonporous surfaces, such as plastic, marble, tempered glass and pyroceramic are easier to clean than wood."

Dean Cliver, of the Food Safety Laboratory and World Health Organization Collaborating Center for Food Virology at University of California—Davis, head—ed a study with the goal of determining the best way to clean



wooden boards so that they would be almost as safe as plastic cutting boards. Here's what Cliver had to say about the matter: "We soon found that disease bac—teria such as [Escherichia coli 0157:H7 and Salmonella] were not recoverable from wooden surfaces in a short period of time after they were applied, unless very large numbers were used. New plastic surfaces allowed the bacteria to persist, but were easily cleaned and disinfec—ted. However, wooden boards that had been used and had many knife cuts acted almost the same as new wood, whereas plastic surfaces that were knife-scarred were impossible to clean and disinfect manually, espe—cially when food residues, such as chicken fat were present. Scanning electron micrographs revealed highly significant damage to plastic surfaces from knife cuts."

Manual cleaning, was defined as washing with hot tap water and detergent and a sponge. Knife-scarred plastic boards were found to be successfully cleaned mechanically inside a dishwasher (wooden boards, too, that were specially made to be cleaned this way). Disinfection can be done after cleaning using bleach solutions—but successful cleaning must be accom—plished first.

The safest way to use cutting boards—keep one for cutting foods that need to be cooked before eating and never use it for foods that need no cooking before eat¬ing. That way the likelihood of transferring dangerous bacteria is minimized.

#### An important fire-safety reminder

ne question every person should ask himself or her—self annually is "Have I replaced the batteries in the smoke alarm this year?" If you haven't, write yourself a note right now so it doesn't slip your mind. Buy the batteries and replace them immediately. Don't put the batteries aside to "do it later." As soon as you take the batteries out of the bag from the store, open them and put them into the device. Those batteries, as small as they are, could save your life as well as those of your loved ones.



Give not advice without being ask'd, and when desired, do it briefly.

— George Washington

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